

## What do I do with?

- **Engine Oil** - Oakley Wood Recycling Centre
- **Glass** – green bins or bottle bank  
Oakley Wood Recycling Centre
- **Stamps** -post to WWF, Regional Support Unit, Freepost SCE 729, Godalming, GU7 1BR
- **Fridges & Freezers** - Oakley Wood Recycling Centre; if still working Freecycle.
- **Furniture** - Sue Ryder charity shop, Freecycle
- **Bicycles** - Freecycle, Swap Shop or Oxford Cycle Workshop
- **Scrap metal** - Oakley Wood Recycling Centre
- **Paint** - Orinoco 01865 761113
- **Cooking Oil** - Goldenfuels 01865 423636
- **BRITA Water Filters** - Collection point in Pettits department store, Wallingford
- **Shoes** - shoe banks, charity shop
- **Records** - audio-visual bank in Goldsmiths Lane car park, Freecycle
- **Electrical Items** -Freecycle, Sobell House charity shop, OCVA 01865-763698, Oakley Wood Recycling Centre
- **Garden Waste** – compost at home, SODC garden waste bin scheme, Oakley Wood Recycling Centre
- **InkJet and toner cartridges** - collection point in Higgs stationers, Castle Street, Wallingford
- **Bubblewrap** - most charity shops
- **Spectacles** - these can be taken to the Council Offices at Crowmarsh or Robert Stanley opticians.
- **Computers** - Working systems can be offered on Freecycle.
- **Batteries**-collection point in Champions, Wallingford

## Waste Reduction

Since the best way to deal with waste is to prevent it, here are some things that YOU can do to minimise its production.

### Reducing Packaging Waste

Buy loose items including fruit & vegetables, nails and screws, rather than plastic wrapped or bubble packs.

Use a cloth shopping bag a 'Bag for Life', or a shopping trolley.

Refill your eco-friendly domestic cleaning liquid containers. This can be done at Just Trading of Wallingford in the High Street.

Refuse a bag at the cash desk. Cashiers often put items, which may already be wrapped, in a bag.

### Reducing Food Waste

Buy just what you need rather than packs of a fixed size. The weekly Friday market and the Saturday local producers' market stalls sell by weight. At Just Trading you can purchase loose dry goods in as large, or as small a quantity, as required. Some stalls at the Farmers' Market sell loose goods.

### Reducing General Waste

USE LESS e.g. the bubbles in the washing-up water or when you use shampoo are a waste product!

THINK first, then buy.

Make the DURABILITY of an item more important than its price; it is usually cheaper overall.

Use rechargeable batteries where possible.

When a need arises try Freecycle or the charity shops FIRST, only buying new if really necessary.

Borrow from a friend or hire. Use the LETS scheme- contact Ann Truesdale 01491 835173 or visit the Wallingford LETS site.



# A Guide to SwapShops and Waste Reduction

[www.sustainablewallingford.org](http://www.sustainablewallingford.org)

# SwapShops

## What are they?

Swap Shops are events to encourage the passing on of items which are clean, safe and genuinely reusable, once you have finished with them. They were started in 2003 and are held about four times per year in the Regal Centre in Wallingford. Everyone is welcome to bring things for reuse, or to take things away; it is not necessary to bring anything before you can take anything. No money changes hands.

## What can you bring?

### Things to swap

These must be reusable (someone else could use them), clean and non-hazardous. If you have something large you can bring a photo / description and contact details instead. Items that you bring can be taken away by anyone attending without charge. They can include:

- New and used tools
- Household articles and gadgets (any that are not mains electric)
- Small portable mains electric items, if they are in working order and have a CE mark
- Children's toys
- Garden equipment
- Bicycles and pushchairs
- Books, tapes and CDs
- Recycling items (see next page)

# Things to recycle

- **Batteries** of all types including rechargeable ones. All sizes from hearing aid and clock batteries through AAA, 1AA, C, D, PP3 to mobility scooter ones but excluding car batteries.
- **Fluorescent tubes** and energy-saving light bulbs (but not ordinary bulbs).
- **Computers** including monitors, keyboards, printers and mice.
- **Mobile Phones** but NOT landline or cordless telephones

## What NOT to bring

1. Anything hazardous (garden chemicals, lead-acid batteries, fireworks, ...)
2. Rubbish - things that can't be recycled and are not usable by anyone else
3. Electric items that are large, do not work, or do not have a CE mark.
4. Ordinary incandescent light bulbs
5. Clothes - these should be taken to charity shops or clothes banks
6. Telephone equipment, other than mobile phones
7. TetraPak juice cartons -- these can now be put in your green bin
8. Brita water filters -- Pettits collect these
9. Paint

# Freecycle Network

There is an alternative way to pass on useable items, which is the Freecycle network run as a Yahoo group. The idea, like the SwapShop, is that useable items to pass on are posted on the site as 'Offers' and people contact you if they want what you are offering. Similarly, if you are looking for something in particular, you can post a 'Wanted' notice. All items must be free and the etiquette of the system is that you offer items before asking for anything in return.

Membership is free but you have to enrol as a Yahoo group member. Go to any of the Freecycle websites and follow the instructions to "Join this group".

There are currently groups in Wallingford, Henley, Oxford, Reading, Wheatley and Thame, as well as further afield. The address of the Wallingford group is:-

[www.groups.yahoo.com/group/wallingford-uk-freecycle](http://www.groups.yahoo.com/group/wallingford-uk-freecycle)

## Kerbside recycling

As from 08/06/09 the new kerbside recycling service was introduced. This allows for free weekly kerbside collections of the green food/kitchen caddy and alternate week collections of the green recycling bins and the grey non recycling bins. There is also an option to sign up for a garden waste collection, for which there is a small annual fee of £32.00. The council will provide you with a brown wheeled bin for this service. All households have received detailed information on this new service but should you require any further information please visit:

[www.southoxon.gov.uk](http://www.southoxon.gov.uk) or sign up to regular email updates by emailing; [recycling@southoxon.gov.uk](mailto:recycling@southoxon.gov.uk) .